



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Peter, Jens

Club: LV Altstadt 98 Nordhausen

Number: 61

Course: 7.00 km

Pokallauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 28:50

Speed: 14.57 km/h

Running performance: 4:07 min/km

Rank in course/Total: 3 (of 59)

Rank in course/Men: 3 (of 45)

Best time in course: 27:19

Rank in category: 1(of 4)

Best time in the category: 28:50