



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Weißkopf, Lisa

Number: 54

Course: 7.00 km

Pokallauf

Category:

Frauen (20-29 Jahre)

Total time: 34:32

Speed: 12.16 km/h

Running performance: 4:56 min/km

Rank in course/Total: 20 (of 59)

Rank in course/Women: 1 (of 14)

Best time in course: 34:32

Rank in category: 1(of 1)

Best time in the category: 34:32