



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Sippel, Oliver**

Club: LV Altstadt98

Number: 233

Course: 2.30 km

Schnupperlauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 13:14

Speed: 9.07 km/h

Running performance: 5:45 min/km

Rank in course/Total: 13 (of 37)

Rank in course/Men: 9 (of 19)

Best time in course: 9:45

Rank in category: 1(of 1)

Best time in the category: 13:14