



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Weber, Riccardo

Club: SV Göttingen

Number: 38

Course: 7.00 km

Pokallauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 36:16

Speed: 11.58 km/h

Running performance: 5:11 min/km

Rank in course/Total: 25 (of 59)

Rank in course/Men: 24 (of 45)

Best time in course: 27:19

Rank in category: 4(of 6)

Best time in the category: 28:52