



## 33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

### Detailed evaluation

**Tettenorn, Elisabeth**

Club: SV Wacker Rottleberode

Number: 236

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 13:16

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 14 (of 37)

Rank in course/Women: 5 (of 18)

Best time in course: 10:39

Rank in category: 2(of 6)

Best time in the category: 10:39