



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Thon, Mia Chantal

Club: SV Wacker Rottleberode

Number: 237

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 13:17

Speed: 9.03 km/h

Running performance: 5:47 min/km

Rank in course/Total: 15 (of 37)

Rank in course/Women: 6 (of 18)

Best time in course: 10:39

Rank in category: 3(of 6)

Best time in the category: 10:39