



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Zwoll, Samantha-Josephine

Club: LV Altstadt98

Number: 242

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 13:23

Speed: 8.97 km/h

Running performance: 5:49 min/km

Rank in course/Total: 16 (of 37)

Rank in course/Women: 7 (of 18)

Best time in course: 10:39

Rank in category: 4(of 6)

Best time in the category: 11:12