



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Szumodalsky, Adele

Club: LV Altstadt98

Number: 235

Course: 2.30 km

Schnupperlauf

Category:

weibliche Jugend U10 (8-9 Jahre)

Total time: 10:39

Speed: 11.27 km/h

Running performance: 4:38 min/km

Rank in course/Total: 2 (of 37)

Rank in course/Women: 1 (of 18)

Best time in course: 10:39

Rank in category: 1(of 6)

Best time in the category: 10:39