



33. Nordhäuser Silvesterlauf 2019

Nordhausen / 31.12.2019

Detailed evaluation

Holzhausen, Hartmut

Club: Herrmannsacker

Number: 250

Course: 2.30 km

Schnupperlauf - Walking

Category:

Walking Männer

Total time: 18:08

Speed: 6.62 km/h

Running performance: 7:53 min/km

Rank in course/Total: 2 (of 2)

Rank in course/Men: 2 (of 2)

Best time in course: 15:38

Rank in category: 2(of 2)

Best time in the category: 15:38