



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

VfB 26 Beberstedt

Number: 170

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 15:00:22

Speed: 11.20 km/h

Running performance: 5:20 min/km

Rank in course: 76 (of 225)

Best time in course: 10:38:22

Rank in category: 60(of 147)

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:15:40	5:02	71	23:43	97	23:43	15.02	1:15:40	5:02	71	23:43	97	23:43
Kleiner Inselsber	18.94	1:36:32	5:05	28	20:20	41	20:20	33.96	2:52:12	5:04	34	42:31	48	42:31
Neue Ausspanne	13.90	1:11:23	5:08	59	24:09	71	24:09	47.86	4:03:35	5:05	37	1:06:40	48	1:06:40
Grenzadler	13.68	1:14:04	5:24	71	21:01	87	21:01	61.54	5:17:39	5:09	40	1:27:41	52	1:27:41
Allzunah	19.96	1:41:29	5:05	74	27:28	96	29:02	81.50	6:59:08	5:08	41	1:51:00	53	1:51:00
Masserberg	17.89	1:45:52	5:55	104	40:01	138	42:55	99.39	8:45:00	5:16	54	2:29:00	67	2:29:00
Neuhaus	19.86	1:44:13	5:14	66	28:25	92	33:51	119.25	10:29:13	5:16	54	2:50:00	67	2:50:00
Schildwiese	13.54	1:12:16	5:20	77	30:38	100	30:38	132.79	11:41:29	5:16	57	3:13:22	70	3:13:22
Grumbach	18.58	1:43:31	5:34	112	38:17	157	38:17	151.37	13:25:00	5:19	57	3:51:25	72	3:51:25
Blankenstein	17.60	1:35:22	5:25	91	31:38	122	31:38	168.97	15:00:22	5:19	60	4:22:00	76	4:22:00