



21. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Energy Runners-Laufteam Siemens Generatorwerk 42

Number: 223

Speed: 11.04 km/h
Running performance: 5:24 min/km

Course: 168.97 km
Hörschel-Blankenstein

Rank in course: 88 (of 225)
Best time in course: 10:38:22

Category:
Männerstaffel

Rank in category: 72(of 147)
Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:23:47	5:34	117	31:50	168	31:50	15.02	1:23:47	5:34	117	31:50	168	31:50
Kleiner Inselsber	18.94	1:47:18	5:39	85	31:06	116	31:06	33.96	3:11:05	5:37	105	1:01:24	143	1:01:24
Neue Ausspanne	13.90	1:14:44	5:22	75	27:30	90	27:30	47.86	4:25:49	5:33	88	1:28:54	118	1:28:54
Grenzdler	13.68	1:24:11	6:09	118	31:08	167	31:08	61.54	5:50:00	5:41	107	2:00:02	136	2:00:02
Allzunah	19.96	1:34:23	4:43	47	20:22	57	21:56	81.50	7:24:23	5:27	83	2:16:15	103	2:16:15
Masserberg	17.89	1:42:37	5:44	90	36:46	118	39:40	99.39	9:07:00	5:30	87	2:51:00	106	2:51:00
Neuhaus	19.86	1:55:48	5:49	105	40:00	151	45:26	119.25	11:02:48	5:33	90	3:23:35	111	3:23:35
Schildwiese	13.54	1:06:06	4:52	41	24:28	50	24:28	132.79	12:08:54	5:29	85	3:40:47	103	3:40:47
Grumbach	18.58	1:33:06	5:00	59	27:52	80	27:52	151.37	13:42:00	5:25	77	4:08:25	93	4:08:25
Blankenstein	17.60	1:30:42	5:09	76	26:58	98	26:58	168.97	15:12:42	5:24	72	4:34:20	88	4:34:20