



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Touristikerstaffel

Total time: 15:33:18

Number: 229

Speed: 10.80 km/h

Running performance: 5:31 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 110 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 90(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:15:09	5:00	65	23:12	90	23:12	15.02	1:15:09	5:00	65	23:12	90	23:12	
Kleiner Inselsber	18.94	1:50:41	5:50	103	34:29	139	34:29	33.96	3:05:50	5:28	81	56:09	114	56:09	
Neue Ausspanne	13.90	1:09:10	4:58	45	21:56	52	21:56	47.86	4:15:00	5:19	65	1:18:05	81	1:18:05	
Grenzadler	13.68	1:17:52	5:41	93	24:49	120	24:49	61.54	5:32:52	5:24	66	1:42:54	85	1:42:54	
Allzunah	19.96	1:29:50	4:30	28	15:49	34	17:23	81.50	7:02:42	5:11	48	1:54:34	63	1:54:34	
Masserberg	17.89	1:53:18	6:19	126	47:27	175	50:21	99.39	8:56:00	5:23	67	2:40:00	82	2:40:00	
Neuhaus	19.86	1:53:41	5:43	98	37:53	140	43:19	119.25	10:49:41	5:26	76	3:10:28	93	3:10:28	
Schildwiese	13.54	1:14:09	5:28	87	32:31	113	32:31	132.79	12:03:50	5:27	77	3:35:43	93	3:35:43	
Grumbach	18.58	1:46:10	5:42	119	40:56	169	40:56	151.37	13:50:00	5:28	82	4:16:25	101	4:16:25	
Blankenstein	17.60	1:43:18	5:52	123	39:34	173	39:34	168.97	15:33:18	5:31	90	4:54:56	110	4:54:56	