



21. Rennsteig-Staffellauf
Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

N3 Sportverein e.V.

Number: 166

Course: 168.97 km
Hörschel-Blankenstein

Category:
Männerstaffel

Total time: 15:34:56

Speed: 10.78 km/h

Running performance: 5:32 min/km

Rank in course: 111 (of 225)

Best time in course: 10:38:22

Rank in category: 91(of 147)

Best time in the category: 10:38:22

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:19:02	5:15	91	27:05	130	27:05	15.02	1:19:02	5:15	91	27:05	130	27:05
Kleiner Inselsber	18.94	1:45:07	5:32	70	28:55	95	28:55	33.96	3:04:09	5:25	72	54:28	100	54:28
Neue Ausspanne	13.90	1:22:25	5:55	111	35:11	147	35:11	47.86	4:26:34	5:34	94	1:29:39	124	1:29:39
Grenzadler	13.68	1:20:47	5:54	102	27:44	140	27:44	61.54	5:47:21	5:38	95	1:57:23	123	1:57:23
Allzunah	19.96	1:44:02	5:12	88	30:01	117	31:35	81.50	7:31:23	5:32	96	2:23:15	119	2:23:15
Masserberg	17.89	1:43:37	5:47	95	37:46	125	40:40	99.39	9:15:00	5:35	98	2:59:00	118	2:59:00
Neuhaus	19.86	1:49:34	5:31	82	33:46	118	39:12	119.25	11:04:34	5:34	93	3:25:21	115	3:25:21
Schildwiese	13.54	1:13:45	5:26	84	32:07	110	32:07	132.79	12:18:19	5:33	94	3:50:12	115	3:50:12
Grumbach	18.58	1:59:41	6:26	140	54:27	214	54:27	151.37	14:18:00	5:40	108	4:44:25	138	4:44:25
Blankenstein	17.60	1:16:56	4:22	22	13:12	26	13:12	168.97	15:34:56	5:31	91	4:56:34	111	4:56:34