



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 17:12:49

Number: 147

Speed: 9.76 km/h

Running performance: 6:07 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 212 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 144(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:28:32	5:53	133	36:35	190	36:35	15.02	1:28:32	5:53	133	36:35	190	36:35
Kleiner Inselsber	18.94	1:43:37	5:28	59	27:25	83	27:25	33.96	3:12:09	5:39	107	1:02:28	145	1:02:28
Neue Ausspanne	13.90	1:16:25	5:29	89	29:11	106	29:11	47.86	4:28:34	5:36	103	1:31:39	137	1:31:39
Grenzadler	13.68	1:32:04	6:43	137	39:01	203	39:01	61.54	6:00:38	5:51	130	2:10:40	172	2:10:40
Allzunah	19.96	1:53:53	5:42	118	39:52	166	41:26	81.50	7:54:31	5:49	131	2:46:23	173	2:46:23
Masserberg	17.89	2:11:34	7:21	144	1:05:43	216	1:08:37	99.39	10:06:05	6:05	138	3:50:05	197	3:50:05
Neuhaus	19.86	2:03:44	6:13	126	47:56	190	53:22	119.25	12:09:49	6:07	141	4:30:36	204	4:30:36
Schildwiese	13.54	1:37:49	7:13	145	56:11	220	56:11	132.79	13:47:38	6:13	143	5:19:31	210	5:19:31
Grumbach	18.58	1:36:27	5:11	74	31:13	101	31:13	151.37	15:24:05	6:06	144	5:50:30	205	5:50:30
Blankenstein	17.60	1:48:44	6:10	133	45:00	192	45:00	168.97	17:12:49	6:06	144	6:34:27	212	6:34:27