



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Die durstigen 10 vom ASV Erfurt

Number: 555

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 16:47:20

Speed: 10.01 km/h

Running performance: 5:58 min/km

Rank in course: 189 (of 225)

Best time in course: 10:38:22

Rank in category: 48(of 66)

Best time in the category: 11:54:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Hohe Sonne	15.02	1:32:06	6:07	58	30:53	204	40:09	15.02	1:32:06	6:07	58	30:53	222	40:09	
Kleiner Inselsber	18.94	1:41:37	5:21	19	18:00	75	25:25	33.96	3:13:43	5:42	36	46:44	158	1:04:02	
Neue Ausspanne	13.90	1:13:11	5:15	10	8:11	83	25:57	47.86	4:26:54	5:34	27	54:38	225	1:29:59	
Grenzadler	13.68	1:24:28	6:10	43	21:22	170	31:25	61.54	5:51:22	5:42	26	1:09:05	225	2:01:24	
Allzunah	19.96	1:30:14	4:31	6	17:47	36	17:47	81.50	7:21:36	5:25	16	1:23:32	223	2:13:28	
Masserberg	17.89	2:08:24	7:10	58	1:05:27	212	1:05:27	99.39	9:30:00	5:44	27	2:13:00	143	3:14:00	
Neuhaus	19.86	2:17:46	6:56	64	1:07:24	218	1:07:24	119.25	11:47:46	5:56	42	3:19:31	225	4:08:33	
Schildwiese	13.54	1:25:41	6:19	57	24:21	196	44:03	132.79	13:13:27	5:58	49	3:43:46	225	4:45:20	
Grumbach	18.58	1:58:33	6:22	61	48:51	211	53:19	151.37	15:12:00	6:01	51	4:32:37	199	5:38:25	
Blankenstein	17.60	1:35:20	5:24	25	21:51	121	31:36	168.97	16:47:20	5:57	48	4:52:24	189	6:08:58	