



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Fantastic Ten

Total time: 16:03:24

Number: 186

Speed: 10.46 km/h

Running performance: 5:42 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 151 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 119(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:18:46	5:14	89	26:49	126	26:49	15.02	1:18:46	5:14	89	26:49	126	26:49
Kleiner Inselsber	18.94	1:47:17	5:39	84	31:05	115	31:05	33.96	3:06:03	5:28	82	56:22	115	56:22
Neue Ausspanne	13.90	1:24:12	6:03	122	36:58	166	36:58	47.86	4:30:15	5:38	108	1:33:20	143	1:33:20
Grenzdler	13.68	1:20:16	5:52	101	27:13	135	27:13	61.54	5:50:31	5:41	110	2:00:33	139	2:00:33
Allzunah	19.96	1:49:31	5:29	109	35:30	151	37:04	81.50	7:40:02	5:38	113	2:31:54	141	2:31:54
Masserberg	17.89	1:49:58	6:08	121	44:07	162	47:01	99.39	9:30:00	5:44	114	3:14:00	143	3:14:00
Neuhaus	19.86	1:57:11	5:54	112	41:23	161	46:49	119.25	11:27:11	5:45	117	3:47:58	155	3:47:58
Schildwiese	13.54	1:20:37	5:57	113	38:59	162	38:59	132.79	12:47:48	5:46	118	4:19:41	158	4:19:41
Grumbach	18.58	1:32:12	4:57	55	26:58	73	26:58	151.37	14:20:00	5:40	109	4:46:25	140	4:46:25
Blankenstein	17.60	1:43:24	5:52	124	39:40	175	39:40	168.97	16:03:24	5:42	119	5:25:02	151	5:25:02