



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

Annakram

Total time: 16:26:17

Number: 206

Speed: 10.22 km/h

Running performance: 5:50 min/km

Course: 168.97 km

Hörschel-Blankenstein

Rank in course: 174 (of 225)

Best time in course: 10:38:22

Category:

Rank in category: 130(of 147)

Männerstaffel

Best time in the category: 10:38:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:25:10	5:40	125	33:13	178	33:13	15.02	1:25:10	5:40	125	33:13	178	33:13
Kleiner Inselsber	18.94	1:51:31	5:53	107	35:19	146	35:19	33.96	3:16:41	5:47	125	1:07:00	171	1:07:00
Neue Ausspanne	13.90	1:11:42	5:09	62	24:28	74	24:28	47.86	4:28:23	5:36	101	1:31:28	135	1:31:28
Grenzdler	13.68	1:38:53	7:13	144	45:50	220	45:50	61.54	6:07:16	5:58	133	2:17:18	183	2:17:18
Allzunah	19.96	2:02:20	6:07	137	48:19	197	49:53	81.50	8:09:36	6:00	136	3:01:28	190	3:01:28
Masserberg	17.89	1:48:41	6:04	115	42:50	151	45:44	99.39	9:58:17	6:01	137	3:42:17	190	3:42:17
Neuhaus	19.86	2:16:08	6:51	142	1:00:20	216	1:05:46	119.25	12:14:25	6:09	143	4:35:12	206	4:35:12
Schildwiese	13.54	1:05:10	4:48	39	23:32	45	23:32	132.79	13:19:35	6:01	135	4:51:28	192	4:51:28
Grumbach	18.58	1:37:25	5:14	82	32:11	109	32:11	151.37	14:57:00	5:55	132	5:23:25	184	5:23:25
Blankenstein	17.60	1:29:17	5:04	69	25:33	88	25:33	168.97	16:26:17	5:50	130	5:47:55	174	5:47:55