



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detailed evaluation

Zatopeks Erben

Number: 118

Course: 168.97 km  
Hörschel-Blankenstein

Category:  
Männerstaffel

Total time: 13:57:56

Speed: 12.03 km/h

Running performance: 4:58 min/km

Rank in course: 36 (of 225)

Best time in course: 10:38:22

Rank in category: 28(of 147)

Best time in the category: 10:38:22

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Hohe Sonne         | 15.02    | 1:14:41    | 4:58         | 59          | 22:44       | 84        | 22:44        | 15.02         | 1:14:41    | 4:58         | 59       | 22:44       | 84        | 22:44        |
| Kleiner Inselsber  | 18.94    | 1:33:28    | 4:56         | 20          | 17:16       | 29        | 17:16        | 33.96         | 2:48:09    | 4:57         | 24       | 38:28       | 34        | 38:28        |
| Neue Ausspanne     | 13.90    | 1:03:01    | 4:32         | 18          | 15:47       | 19        | 15:47        | 47.86         | 3:51:10    | 4:49         | 18       | 54:15       | 23        | 54:15        |
| Grenzadler         | 13.68    | 1:04:17    | 4:41         | 25          | 11:14       | 27        | 11:14        | 61.54         | 4:55:27    | 4:48         | 20       | 1:05:29     | 24        | 1:05:29      |
| Allzunah           | 19.96    | 1:36:43    | 4:50         | 55          | 22:42       | 69        | 24:16        | 81.50         | 6:32:10    | 4:48         | 22       | 1:24:02     | 26        | 1:24:02      |
| Masserberg         | 17.89    | 1:30:50    | 5:04         | 43          | 24:59       | 55        | 27:53        | 99.39         | 8:03:00    | 4:51         | 25       | 1:47:00     | 30        | 1:47:00      |
| Neuhaus            | 19.86    | 2:01:07    | 6:05         | 121         | 45:19       | 179       | 50:45        | 119.25        | 10:04:07   | 5:03         | 32       | 2:24:54     | 43        | 2:24:54      |
| Schildwiese        | 13.54    | 1:15:14    | 5:33         | 94          | 33:36       | 122       | 33:36        | 132.79        | 11:19:21   | 5:06         | 34       | 2:51:14     | 45        | 2:51:14      |
| Grumbach           | 18.58    | 1:16:39    | 4:07         | 9           | 11:25       | 13        | 11:25        | 151.37        | 12:36:00   | 4:59         | 30       | 3:02:25     | 39        | 3:02:25      |
| Blankenstein       | 17.60    | 1:21:56    | 4:39         | 42          | 18:12       | 53        | 18:12        | 168.97        | 13:57:56   | 4:57         | 28       | 3:19:34     | 36        | 3:19:34      |