



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detailed evaluation

just4fun

Number: 507

Course: 168.97 km
Hörschel-Blankenstein

Category:
Mixstaffel

Total time: 15:44:59

Speed: 10.67 km/h

Running performance: 5:35 min/km

Rank in course: 126 (of 225)

Best time in course: 10:38:22

Rank in category: 21(of 66)

Best time in the category: 11:54:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	15.02	1:23:08	5:32	45	21:55	163	31:11	15.02	1:23:08	5:32	45	21:55	222	31:11
Kleiner Inselsber	18.94	1:34:28	4:59	10	10:51	32	18:16	33.96	2:57:36	5:13	17	30:37	222	47:55
Neue Ausspanne	13.90	1:27:22	6:17	47	22:22	185	40:08	47.86	4:24:58	5:32	26	52:42	225	1:28:03
Grenzdler	13.68	1:17:45	5:41	22	14:39	119	24:42	61.54	5:42:43	5:34	19	1:00:26	225	1:52:45
Allzunah	19.96	1:33:57	4:42	9	21:30	53	21:30	81.50	7:16:40	5:21	13	1:18:36	223	2:08:32
Masserberg	17.89	2:36:20	8:44	64	1:33:23	222	1:33:23	99.39	9:53:00	5:57	41	2:36:00	184	3:37:00
Neuhaus	19.86	1:10:22	3:32	1	-	1	-	119.25	11:03:22	5:33	19	2:35:07	225	3:24:09
Schildwiese	13.54	1:15:35	5:34	20	14:15	125	33:57	132.79	12:18:57	5:33	19	2:49:16	225	3:50:50
Grumbach	18.58	1:42:03	5:29	34	32:21	144	36:49	151.37	14:01:00	5:33	19	3:21:37	225	4:27:25
Blankenstein	17.60	1:43:59	5:54	45	30:30	179	40:15	168.97	15:44:59	5:35	21	3:50:03	126	5:06:37