



13. thüringenULTRA
Fröttstädt / 06.07.2019

Detailed evaluation

Gothe, Stefan

Club: Triathlon Friedrichroda e.V.
Number: 45

Course: 100.22 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 13:23:55

Speed: 7.48 km/h
Running performance: 8:01 min/km

Rank in course/Total: 112 (of 246)

Rank in course/Men: 101 (of 211)

Best time in course: 8:32:51

Rank in category: 14(of 22)

Best time in the category: 9:14:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:16:11	7:09	15	47:49	96	54:25	27.39	3:16:11	7:09	15	47:49	96	54:25
Floh-Seligenthal	27.74	3:14:54	7:01	11	51:15	86	52:41	55.13	6:31:05	7:05	13	1:50:54	93	2:03:44
Finsterbergen	22.03	3:13:14	8:46	14	1:01:33	100	1:15:47	77.16	9:44:19	7:34	14	2:40:37	93	3:15:19
Fröttstädt	23.06	3:39:36	9:31	13	1:29:05	120	1:41:29	100.22	13:23:55	8:01	14	4:09:42	101	4:51:04