



14. Kristall-Marathon

Merkers / 16.02.2020

Detailed evaluation

Göbel, Jennifer

Club: Team HÜÄH

Number: 62

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 55:49

Speed: 9.67 km/h

Running performance: 5:43 min/km

Rank in course/Total: 95 (of 220)

Rank in course/Women: 25 (of 94)

Best time in course: 40:57

Rank in category: 4(of 6)

Best time in the category: 40:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:12	5:35	4	5:15	23	5:15	3.25	18:12	5:35	4	5:15	23	5:15
Lap 2	3.25	18:40	5:44	4	4:46	24	18:39	6.50	36:52	5:40	4	10:01	25	19:54
Last lap Finish	3.25	18:57	5:49	4	4:51	29	4:51	9.75	55:49	5:43	4	14:52	25	14:52