



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kühn, Bernd

Club: Brockenlaufverein
Number: 716

Course: 9.60 km
9,6 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:05:56

Speed: 8.19 km/h
Running performance: 6:52 min/km

Rank in course/Total: 121 (of 148)

Rank in course/Men: 81 (of 94)

Best time in course: 35:15

Rank in category: 2(of 4)

Best time in the category: 1:02:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	33:01	8:03	2	0:52	81	15:31	4.10	33:01	8:03	5	0:52	95	15:31
Loddenke	2.20	13:07	5:57	2	0:30	82	6:08	6.30	46:08	7:19	5	1:22	94	21:39
Ilseburg/Markt	3.30	19:48	6:00	2	2:08	82	9:02	9.60	1:05:56	6:52	2	3:30	81	30:41