



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Makarinas, Robert

Club: ASV Sangerhausen
Number: 287

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:59:38

Speed: 13.04 km/h
Running performance: 4:34 min/km

Rank in course/Total: 17 (of 467)

Rank in course/Men: 17 (of 387)

Best time in course: 1:40:22

Rank in category: 5(of 36)

Best time in the category: 1:50:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:14	4:36	6	2:00	28	2:43	3.30	15:14	4:36	37	2:00	388	2:43
Schlüsie	3.10	15:59	5:09	5	0:59	19	2:55	6.40	31:13	4:52	37	2:46	388	5:37
Hermannsklippe	2.60	13:28	5:10	4	0:06	12	2:07	9.00	44:41	4:57	37	2:52	388	7:44
Brocken	3.10	21:45	7:00	4	0:59	12	3:58	12.10	1:06:26	5:29	37	3:17	364	11:42
Eiserner Handwe	3.60	14:29	4:01	3	1:44	16	2:09	15.70	1:20:55	5:09	37	4:36	388	13:50
Schlüsie	4.10	13:59	3:24	4	1:29	19	2:23	19.80	1:34:54	4:47	37	6:05	388	15:49
Loddenke	3.10	11:22	3:39	3	0:56	10	1:27	22.90	1:46:16	4:38	37	7:01	384	17:05
Ilseburg/Markt	3.30	13:22	4:03	9	1:56	42	2:34	26.20	1:59:38	4:33	5	8:56	17	19:16