



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Roth, Hans-Jürgen

Club: TSV Hirschau
Number: 376

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:11:57

Speed: 11.82 km/h
Running performance: 5:02 min/km

Rank in course/Total: 55 (of 467)

Rank in course/Men: 53 (of 387)

Best time in course: 1:40:22

Rank in category: 6(of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:14	5:13	9	1:52	86	4:43	3.30	17:14	5:13	68	1:52	388	4:43
Schlüsie	3.10	18:12	5:52	7	2:18	66	5:08	6.40	35:26	5:32	68	3:58	388	9:50
Hermannsklippe	2.60	15:58	6:08	8	1:52	73	4:37	9.00	51:24	5:42	68	5:50	388	14:27
Brocken	3.10	25:38	8:16	10	3:33	74	7:51	12.10	1:17:02	6:21	68	9:23	388	22:18
Eiserner Handwe	3.60	14:37	4:03	2	0:02	19	2:17	15.70	1:31:39	5:50	68	8:33	388	24:34
Schlüsie	4.10	14:32	3:32	3	0:53	31	2:56	19.80	1:46:11	5:21	68	8:18	388	27:06
Loddenke	3.10	11:55	3:50	5	0:17	31	2:00	22.90	1:58:06	5:09	66	8:30	384	28:55
Ilseburg/Markt	3.30	13:51	4:11	5	0:55	57	3:03	26.20	2:11:57	5:02	6	9:09	53	31:35