



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Thomas, Daniel

Club: Quedlinburg
Number: 465

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:14:44

Speed: 11.58 km/h
Running performance: 5:08 min/km

Rank in course/Total: 63 (of 467)

Rank in course/Men: 61 (of 387)

Best time in course: 1:40:22

Rank in category: 12(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:17	4:56	11	2:37	51	3:46	3.30	16:17	4:56	60	2:37	388	3:46
Schlüsie	3.10	18:03	5:49	13	3:31	60	4:59	6.40	34:20	5:21	60	6:08	388	8:44
Hermannsklippe	2.60	16:04	6:10	18	3:24	77	4:43	9.00	50:24	5:35	60	9:32	388	13:27
Brocken	3.10	27:09	8:45	24	7:16	108	9:22	12.10	1:17:33	6:24	60	16:37	388	22:49
Eiserner Handwe	3.60	16:08	4:28	12	3:20	65	3:48	15.70	1:33:41	5:58	60	19:57	388	26:36
Schlüsie	4.10	14:51	3:37	10	2:43	44	3:15	19.80	1:48:32	5:28	60	22:40	388	29:27
Loddenke	3.10	12:20	3:58	8	2:12	44	2:25	22.90	2:00:52	5:16	60	24:52	384	31:41
Ilseburg/Markt	3.30	13:52	4:12	12	2:43	58	3:04	26.20	2:14:44	5:08	12	27:35	61	34:22