



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Schlöffel, Janko

Club: Harzer Trailrunning Team
Number: 395

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:08:12

Speed: 12.17 km/h
Running performance: 4:53 min/km

Rank in course/Total: 41 (of 467)

Rank in course/Men: 40 (of 387)

Best time in course: 1:40:22

Rank in category: 3(of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:42	5:03	5	1:20	63	4:11	3.30	16:42	5:03	68	1:20	388	4:11
Schlüsie	3.10	18:05	5:49	6	2:11	62	5:01	6.40	34:47	5:26	68	3:19	388	9:11
Hermannsklippe	2.60	15:40	6:01	5	1:34	63	4:19	9.00	50:27	5:36	68	4:53	388	13:30
Brocken	3.10	24:47	7:59	6	2:42	55	7:00	12.10	1:15:14	6:13	68	7:35	388	20:30
Eiserner Handwe	3.60	14:35	4:03	1	-	18	2:15	15.70	1:29:49	5:43	68	6:43	388	22:44
Schlüsie	4.10	13:39	3:19	1	-	14	2:03	19.80	1:43:28	5:13	68	5:35	388	24:23
Loddenke	3.10	11:38	3:45	1	-	20	1:43	22.90	1:55:06	5:01	66	5:30	384	25:55
Ilseburg/Markt	3.30	13:06	3:58	2	0:10	30	2:18	26.20	2:08:12	4:53	3	5:24	40	27:50