



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kuba, Hans-Joachim

Club: Northeim
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:15:46

Speed: 11.49 km/h
Running performance: 5:11 min/km

Rank in course/Total: 68 (of 467)

Rank in course/Men: 65 (of 387)

Best time in course: 1:40:22

Rank in category: 8(of 67)

Best time in the category: 2:02:48

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 17:32 | 5:18 | 11 | 2:10 | 94 | 5:01 | 3.30 | 17:32 | 5:18 | 68 | 2:10 | 388 | 5:01 |
| Schlüsie | 3.10 | 18:35 | 5:59 | 10 | 2:41 | 79 | 5:31 | 6.40 | 36:07 | 5:38 | 68 | 4:39 | 388 | 10:31 |
| Hermannsklippe | 2.60 | 15:58 | 6:08 | 8 | 1:52 | 73 | 4:37 | 9.00 | 52:05 | 5:47 | 68 | 6:31 | 388 | 15:08 |
| Brocken | 3.10 | 25:18 | 8:09 | 8 | 3:13 | 66 | 7:31 | 12.10 | 1:17:23 | 6:23 | 68 | 9:44 | 388 | 22:39 |
| Eiserner Handwe | 3.60 | 16:13 | 4:30 | 10 | 1:38 | 69 | 3:53 | 15.70 | 1:33:36 | 5:57 | 68 | 10:30 | 388 | 26:31 |
| Schlüsie | 4.10 | 15:35 | 3:48 | 7 | 1:56 | 66 | 3:59 | 19.80 | 1:49:11 | 5:30 | 68 | 11:18 | 388 | 30:06 |
| Loddenke | 3.10 | 12:36 | 4:03 | 7 | 0:58 | 53 | 2:41 | 22.90 | 2:01:47 | 5:19 | 66 | 12:11 | 384 | 32:36 |
| Ilseburg/Markt | 3.30 | 13:59 | 4:14 | 8 | 1:03 | 65 | 3:11 | 26.20 | 2:15:46 | 5:10 | 8 | 12:58 | 65 | 35:24 |