



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Aeugle, André

Club: Talanx / Lauftraining.com
Number: 34

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:21:07

Speed: 11.05 km/h
Running performance: 5:23 min/km

Rank in course/Total: 96 (of 467)

Rank in course/Men: 90 (of 387)

Best time in course: 1:40:22

Rank in category: 10(of 50)

Best time in the category: 1:43:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:59	5:26	11	4:20	111	5:28	3.30	17:59	5:26	51	4:20	388	5:28
Schlüsie	3.10	18:49	6:04	9	4:39	89	5:45	6.40	36:48	5:44	51	8:59	388	11:12
Hermannsklippe	2.60	16:36	6:23	9	4:43	101	5:15	9.00	53:24	5:56	51	13:42	388	16:27
Brocken	3.10	24:51	8:00	6	6:19	57	7:04	12.10	1:18:15	6:28	51	20:01	388	23:31
Eiserner Handwe	3.60	17:02	4:43	11	4:20	92	4:42	15.70	1:35:17	6:04	51	24:21	388	28:12
Schlüsie	4.10	16:25	4:00	10	4:18	98	4:49	19.80	1:51:42	5:38	51	28:39	388	32:37
Loddenke	3.10	14:04	4:32	15	4:02	136	4:09	22.90	2:05:46	5:29	49	32:41	384	36:35
Ilseburg/Markt	3.30	15:21	4:39	16	4:33	143	4:33	26.20	2:21:07	5:23	10	37:14	90	40:45