



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Braune, Mario

Club: Magdeburg
Number: 10

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:23:59

Speed: 10.83 km/h
Running performance: 5:30 min/km

Rank in course/Total: 111 (of 467)

Rank in course/Men: 105 (of 387)

Best time in course: 1:40:22

Rank in category: 16(of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:32	5:36	22	3:10	140	6:01	3.30	18:32	5:36	68	3:10	388	6:01
Schlüsie	3.10	18:55	6:06	14	3:01	96	5:51	6.40	37:27	5:51	68	5:59	388	11:51
Hermannsklippe	2.60	16:09	6:12	11	2:03	82	4:48	9.00	53:36	5:57	68	8:02	388	16:39
Brocken	3.10	26:02	8:23	12	3:57	85	8:15	12.10	1:19:38	6:34	68	11:59	388	24:54
Eiserner Handwe	3.60	17:27	4:50	19	2:52	112	5:07	15.70	1:37:05	6:11	68	13:59	388	30:00
Schlüsie	4.10	16:41	4:04	21	3:02	114	5:05	19.80	1:53:46	5:44	68	15:53	388	34:41
Loddenke	3.10	14:14	4:35	23	2:36	149	4:19	22.90	2:08:00	5:35	66	18:24	301	38:49
Ilseburg/Markt	3.30	15:59	4:50	25	3:03	174	5:11	26.20	2:23:59	5:29	16	21:11	105	43:37