



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Lehmann, Norman

Club: Nordhausen
Number: 271

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:16:25

Speed: 11.44 km/h
Running performance: 5:13 min/km

Rank in course/Total: 71 (of 467)

Rank in course/Men: 68 (of 387)

Best time in course: 1:40:22

Rank in category: 8(of 50)

Best time in the category: 1:43:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:11	5:12	9	3:32	83	4:40	3.30	17:11	5:12	51	3:32	388	4:40
Schlüsie	3.10	19:29	6:17	15	5:19	125	6:25	6.40	36:40	5:43	51	8:51	388	11:04
Hermannsklippe	2.60	16:37	6:23	10	4:44	105	5:16	9.00	53:17	5:55	51	13:35	388	16:20
Brocken	3.10	25:24	8:11	8	6:52	69	7:37	12.10	1:18:41	6:30	51	20:27	388	23:57
Eiserner Handwe	3.60	16:44	4:38	9	4:02	83	4:24	15.70	1:35:25	6:04	51	24:29	388	28:20
Schlüsie	4.10	15:19	3:44	6	3:12	59	3:43	19.80	1:50:44	5:35	51	27:41	388	31:39
Loddenke	3.10	12:20	3:58	6	2:18	44	2:25	22.90	2:03:04	5:22	49	29:59	384	33:53
Ilseburg/Markt	3.30	13:21	4:02	5	2:33	38	2:33	26.20	2:16:25	5:12	8	32:32	68	36:03