



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Straube, Nico

Club: RunNic
Number: 445

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:58:52

Speed: 13.12 km/h
Running performance: 4:32 min/km

Rank in course/Total: 14 (of 467)

Rank in course/Men: 14 (of 387)

Best time in course: 1:40:22

Rank in category: 3(of 36)

Best time in the category: 1:50:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:08	4:16	3	0:54	10	1:37	3.30	14:08	4:16	37	0:54	388	1:37
Schlüsie	3.10	15:14	4:54	3	0:14	9	2:10	6.40	29:22	4:35	37	0:55	388	3:46
Hermannsklippe	2.60	13:26	5:10	3	0:04	11	2:05	9.00	42:48	4:45	37	0:59	388	5:51
Brocken	3.10	20:46	6:41	1	-	7	2:59	12.10	1:03:34	5:15	37	0:25	388	8:50
Eiserner Handwe	3.60	15:00	4:10	7	2:15	28	2:40	15.70	1:18:34	5:00	37	2:15	388	11:29
Schlüsie	4.10	14:51	3:37	9	2:21	44	3:15	19.80	1:33:25	4:43	37	4:36	388	14:20
Loddenke	3.10	12:24	4:00	9	1:58	48	2:29	22.90	1:45:49	4:37	26	6:34	384	16:38
Ilseburg/Markt	3.30	13:03	3:57	5	1:37	27	2:15	26.20	1:58:52	4:32	3	8:10	14	18:30