



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Cäsar, Christian

Club: Harz-Gebirgslaufverein Wernigerode
Number: 85

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:09:35

Speed: 12.04 km/h
Running performance: 4:57 min/km

Rank in course/Total: 47 (of 467)

Rank in course/Men: 46 (of 387)

Best time in course: 1:40:22

Rank in category: 9(of 59)

Best time in the category: 1:47:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:51	5:06	14	3:11	72	4:20	3.30	16:51	5:06	60	3:11	388	4:20
Schlüsie	3.10	18:13	5:52	15	3:41	68	5:09	6.40	35:04	5:28	60	6:52	388	9:28
Hermannsklippe	2.60	15:28	5:56	14	2:48	59	4:07	9.00	50:32	5:36	60	9:40	388	13:35
Brocken	3.10	25:07	8:06	13	5:14	63	7:20	12.10	1:15:39	6:15	60	14:43	388	20:55
Eiserner Handwe	3.60	15:01	4:10	5	2:13	29	2:41	15.70	1:30:40	5:46	60	16:56	388	23:35
Schlüsie	4.10	13:56	3:23	4	1:48	18	2:20	19.80	1:44:36	5:16	60	18:44	388	25:31
Loddenke	3.10	11:56	3:50	6	1:48	32	2:01	22.90	1:56:32	5:05	60	20:32	384	27:21
Ilseburg/Markt	3.30	13:03	3:57	4	1:54	27	2:15	26.20	2:09:35	4:56	9	22:26	46	29:13