



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Keune-Lingel, Christian

Club: SV Darlingerode/Drübeck
Number: 551

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:25:17

Speed: 10.74 km/h
Running performance: 5:33 min/km

Rank in course/Total: 120 (of 467)

Rank in course/Men: 112 (of 387)

Best time in course: 1:40:22

Rank in category: 23(of 59)

Best time in the category: 1:47:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:56	5:26	21	4:16	107	5:25	3.30	17:56	5:26	60	4:16	388	5:25
Schlüsie	3.10	19:08	6:10	22	4:36	105	6:04	6.40	37:04	5:47	60	8:52	388	11:28
Hermannsklippe	2.60	16:50	6:28	26	4:10	114	5:29	9.00	53:54	5:59	60	13:02	388	16:57
Brocken	3.10	28:12	9:05	27	8:19	133	10:25	12.10	1:22:06	6:47	60	21:10	388	27:22
Eiserner Handwe	3.60	18:04	5:01	24	5:16	136	5:44	15.70	1:40:10	6:22	60	26:26	388	33:05
Schlüsie	4.10	16:02	3:54	16	3:54	80	4:26	19.80	1:56:12	5:52	60	30:20	388	37:07
Loddenke	3.10	14:30	4:40	28	4:22	164	4:35	22.90	2:10:42	5:42	60	34:42	384	41:31
Ilseburg/Markt	3.30	14:35	4:25	19	3:26	95	3:47	26.20	2:25:17	5:32	23	38:08	112	44:55