



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Stolte, Nico

Club: Lübeck
Number: 557

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:28:53

Speed: 10.48 km/h
Running performance: 5:41 min/km

Rank in course/Total: 142 (of 467)

Rank in course/Men: 132 (of 387)

Best time in course: 1:40:22

Rank in category: 19(of 36)

Best time in the category: 1:50:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Loddenke	3.30	18:23	5:34	19	5:09	136	5:52	3.30	18:23	5:34	37	5:09	388	5:52
Schlüsie	3.10	19:35	6:19	18	4:35	127	6:31	6.40	37:58	5:55	37	9:31	388	12:22
Hermannsklippe	2.60	16:39	6:24	19	3:17	108	5:18	9.00	54:37	6:04	37	12:48	388	17:40
Brocken	3.10	27:43	8:56	19	6:57	119	9:56	12.10	1:22:20	6:48	37	19:11	388	27:36
Eiserner Handwe	3.60	19:26	5:23	24	6:41	200	7:06	15.70	1:41:46	6:28	37	25:27	388	34:41
Schlüsie	4.10	17:36	4:17	20	5:06	157	6:00	19.80	1:59:22	6:01	37	30:33	388	40:17
Loddenke	3.10	13:58	4:30	17	3:32	129	4:03	22.90	2:13:20	5:49	37	34:05	384	44:09
Ilseburg/Markt	3.30	15:33	4:42	19	4:07	150	4:45	26.20	2:28:53	5:40	19	38:11	132	48:31