



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Krocker, Steffen

Club: LG Konradsburg 90
Number: 249

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:32:47

Speed: 10.21 km/h
Running performance: 5:50 min/km

Rank in course/Total: 173 (of 467)

Rank in course/Men: 159 (of 387)

Best time in course: 1:40:22

Rank in category: 26(of 67)

Best time in the category: 2:02:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:23	5:52	36	4:01	205	6:52	3.30	19:23	5:52	68	4:01	388	6:52
Schlüsie	3.10	21:10	6:49	35	5:16	210	8:06	6.40	40:33	6:20	68	9:05	388	14:57
Hermannsklippe	2.60	18:08	6:58	28	4:02	175	6:47	9.00	58:41	6:31	68	13:07	388	21:44
Brocken	3.10	28:22	9:09	24	6:17	139	10:35	12.10	1:27:03	7:11	68	19:24	388	32:19
Eiserner Handwe	3.60	18:38	5:10	31	4:03	165	6:18	15.70	1:45:41	6:43	68	22:35	388	38:36
Schlüsie	4.10	17:23	4:14	24	3:44	142	5:47	19.80	2:03:04	6:12	68	25:11	388	43:59
Loddenke	3.10	14:23	4:38	24	2:45	158	4:28	22.90	2:17:27	6:00	66	27:51	384	48:16
Ilseburg/Markt	3.30	15:20	4:38	20	2:24	141	4:32	26.20	2:32:47	5:49	26	29:59	159	52:25