



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Maier, Frank

Club: Meyenburg  
Number: 283

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:31:40

Speed: 10.29 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 164 (of 467)

Rank in course/Men: 151 (of 387)

Best time in course: 1:40:22

Rank in category: 23(of 66)

Best time in the category: 1:57:01

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:34	5:55	33	5:01	214	7:03	3.30	19:34	5:55	67	5:01	388	7:03
Schlüsie	3.10	21:02	6:47	33	5:24	200	7:58	6.40	40:36	6:20	67	10:25	388	15:00
Hermannsklippe	2.60	18:25	7:05	30	4:27	204	7:04	9.00	59:01	6:33	67	14:52	388	22:04
Brocken	3.10	30:17	9:46	30	7:38	193	12:30	12.10	1:29:18	7:22	67	22:30	388	34:34
Eiserner Handwe	3.60	17:07	4:45	14	3:29	97	4:47	15.70	1:46:25	6:46	67	25:59	388	39:20
Schlüsie	4.10	16:33	4:02	16	3:28	106	4:57	19.80	2:02:58	6:12	67	29:27	388	43:53
Loddenke	3.10	13:31	4:21	16	2:23	100	3:36	22.90	2:16:29	5:57	67	31:50	384	47:18
Ilseburg/Markt	3.30	15:11	4:36	22	2:49	127	4:23	26.20	2:31:40	5:47	23	34:39	151	51:18