



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Langner, Nils

Club: Katlenburg-Lindau  
Number: 266

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:28:00

Speed: 10.54 km/h  
Running performance: 5:39 min/km

Rank in course/Total: 138 (of 467)

Rank in course/Men: 129 (of 387)

Best time in course: 1:40:22

Rank in category: 14(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:42	5:03	11	4:11	63	4:11	3.30	16:42	5:03	28	4:11	388	4:11
Schlüsie	3.10	18:12	5:52	10	4:36	66	5:08	6.40	34:54	5:27	28	8:47	388	9:18
Hermannsklippe	2.60	17:05	6:34	12	5:06	125	5:44	9.00	51:59	5:46	28	13:53	388	15:02
Brocken	3.10	29:12	9:25	14	9:08	160	11:25	12.10	1:21:11	6:42	28	23:01	388	26:27
Eiserner Handwe	3.60	18:57	5:15	16	5:24	180	6:37	15.70	1:40:08	6:22	28	28:25	388	33:03
Schlüsie	4.10	17:08	4:10	13	3:32	126	5:32	19.80	1:57:16	5:55	28	31:24	388	38:11
Loddenke	3.10	14:33	4:41	17	3:04	171	4:38	22.90	2:11:49	5:45	28	34:21	384	42:38
Ilseburg/Markt	3.30	16:11	4:54	18	3:58	186	5:23	26.20	2:28:00	5:38	14	38:09	129	47:38