



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Cöster, Justus

Club: HPI Potsdam
Number: 87

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:24:15

Speed: 10.81 km/h
Running performance: 5:31 min/km

Rank in course/Total: 114 (of 467)

Rank in course/Men: 107 (of 387)

Best time in course: 1:40:22

Rank in category: 12(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:19	5:14	14	4:48	88	4:48	3.30	17:19	5:14	28	4:48	388	4:48
Schlüsie	3.10	19:43	6:21	13	6:07	134	6:39	6.40	37:02	5:47	28	10:55	388	11:26
Hermannsklippe	2.60	17:35	6:45	14	5:36	145	6:14	9.00	54:37	6:04	28	16:31	388	17:40
Brocken	3.10	28:50	9:18	13	8:46	149	11:03	12.10	1:23:27	6:53	28	25:17	388	28:43
Eiserner Handwe	3.60	16:21	4:32	10	2:48	71	4:01	15.70	1:39:48	6:21	28	28:05	388	32:43
Schlüsie	4.10	15:38	3:48	9	2:02	68	4:02	19.80	1:55:26	5:49	28	29:34	388	36:21
Loddenke	3.10	13:40	4:24	14	2:11	111	3:45	22.90	2:09:06	5:38	28	31:38	384	39:55
Ilseburg/Markt	3.30	15:09	4:35	13	2:56	124	4:21	26.20	2:24:15	5:30	12	34:24	107	43:53