



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Jacobsen, Björn

Club: Oldenburg  
Number: 211

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:13:46

Speed: 11.66 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 60 (of 467)

Rank in course/Men: 58 (of 387)

Best time in course: 1:40:22

Rank in category: 6(of 50)

Best time in the category: 1:43:53

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:28	4:59	7	2:49	57	3:57	3.30	16:28	4:59	51	2:49	388	3:57
Schlüsie	3.10	17:44	5:43	6	3:34	54	4:40	6.40	34:12	5:20	51	6:23	388	8:36
Hermannsklippe	2.60	15:21	5:54	6	3:28	56	4:00	9.00	49:33	5:30	51	9:51	388	12:36
Brocken	3.10	25:08	8:06	7	6:36	64	7:21	12.10	1:14:41	6:10	51	16:27	388	19:57
Eiserner Handwe	3.60	16:34	4:36	6	3:52	78	4:14	15.70	1:31:15	5:48	51	20:19	388	24:10
Schlüsie	4.10	15:29	3:46	7	3:22	65	3:53	19.80	1:46:44	5:23	51	23:41	388	27:39
Loddenke	3.10	12:58	4:10	8	2:56	70	3:03	22.90	1:59:42	5:13	49	26:37	384	30:31
Ilseburg/Markt	3.30	14:04	4:15	8	3:16	72	3:16	26.20	2:13:46	5:06	6	29:53	58	33:24