



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Szidat, Marten

Total time: 2:15:12

Club: LG SV Werder Bremen/ Marinestützpunkt Kommando Ilseburg

Speed: 11.54 km/h

Number: 454

Running performance: 5:10 min/km

Course: 26.20 km

Rank in course/Total: 65 (of 467)

26,2 km - Lauf

Rank in course/Men: 63 (of 387)

Best time in course: 1:40:22

Category:

Rank in category: 13(of 59)

Senioren M40 (40-44 Jahre)

Best time in the category: 1:47:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:49	4:47	10	2:09	38	3:18	3.30	15:49	4:47	60	2:09	388	3:18
Schlüsie	3.10	16:08	5:12	6	1:36	25	3:04	6.40	31:57	4:59	60	3:45	388	6:21
Hermannsklippe	2.60	14:32	5:35	7	1:52	31	3:11	9.00	46:29	5:09	60	5:37	388	9:32
Brocken	3.10	24:31	7:54	10	4:38	49	6:44	12.10	1:11:00	5:52	60	10:04	388	16:16
Eiserner Handwe	3.60	19:25	5:23	35	6:37	197	7:05	15.70	1:30:25	5:45	60	16:41	388	23:20
Schlüsie	4.10	17:45	4:19	29	5:37	166	6:09	19.80	1:48:10	5:27	60	22:18	388	29:05
Loddenke	3.10	13:48	4:27	23	3:40	124	3:53	22.90	2:01:58	5:19	60	25:58	384	32:47
Ilseburg/Markt	3.30	13:14	4:00	5	2:05	34	2:26	26.20	2:15:12	5:09	13	28:03	63	34:50