



50. Brockenlauf

Ilseburg / 04.09.2021

Detailed evaluation

Dürr, Stefan

Club: Ekosem-Agrar
Number: 108

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:40:22

Speed: 9.73 km/h
Running performance: 6:07 min/km

Rank in course/Total: 228 (of 467)

Rank in course/Men: 208 (of 387)

Best time in course: 1:40:22

Rank in category: 38(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:33	5:37	23	3:11	141	6:02	3.30	18:33	5:37	68	3:11	388	6:02
Schlüsie	3.10	19:52	6:24	21	3:58	144	6:48	6.40	38:25	6:00	68	6:57	388	12:49
Hermannsklippe	2.60	17:44	6:49	26	3:38	157	6:23	9.00	56:09	6:14	68	10:35	388	19:12
Brocken	3.10	29:06	9:23	28	7:01	156	11:19	12.10	1:25:15	7:02	68	17:36	388	30:31
Eiserner Handwe	3.60	19:44	5:28	38	5:09	212	7:24	15.70	1:44:59	6:41	68	21:53	388	37:54
Schlüsie	4.10	23:14	5:40	58	9:35	341	11:38	19.80	2:08:13	6:28	68	30:20	388	49:08
Loddenke	3.10	16:27	5:18	46	4:49	269	6:32	22.90	2:24:40	6:19	66	35:04	384	55:29
Ilseburg/Markt	3.30	15:42	4:45	23	2:46	157	4:54	26.20	2:40:22	6:07	38	37:34	208	1:00:00