



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Fromme, Stefan

Club: Jeßnitz
Number: 135

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:41:20

Speed: 9.67 km/h
Running performance: 6:10 min/km

Rank in course/Total: 237 (of 467)

Rank in course/Men: 216 (of 387)

Best time in course: 1:40:22

Rank in category: 38(of 59)

Best time in the category: 1:47:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	19:56	6:02	42	6:16	239	7:25	3.30	19:56	6:02	60	6:16	388	7:25
Schlüsie	3.10	22:02	7:06	45	7:30	254	8:58	6.40	41:58	6:33	60	13:46	388	16:22
Hermannsklippe	2.60	19:02	7:19	44	6:22	233	7:41	9.00	1:01:00	6:46	60	20:08	388	24:03
Brocken	3.10	31:55	10:17	42	12:02	238	14:08	12.10	1:32:55	7:40	60	31:59	388	38:11
Eiserner Handwe	3.60	19:33	5:25	37	6:45	206	7:13	15.70	1:52:28	7:09	60	38:44	388	45:23
Schlüsie	4.10	18:24	4:29	34	6:16	193	6:48	19.80	2:10:52	6:36	60	45:00	388	51:47
Loddenke	3.10	14:35	4:42	30	4:27	174	4:40	22.90	2:25:27	6:21	60	49:27	384	56:16
Ilseburg/Markt	3.30	15:53	4:48	31	4:44	171	5:05	26.20	2:41:20	6:09	38	54:11	216	1:00:58