



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Kraus, Christoph

Club: Lohne
Number: 242

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:42:15

Speed: 9.61 km/h
Running performance: 6:11 min/km

Rank in course/Total: 247 (of 467)

Rank in course/Men: 225 (of 387)

Best time in course: 1:40:22

Rank in category: 28(of 36)

Best time in the category: 1:50:42

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:26	5:53	28	6:12	209	6:55	3.30	19:26	5:53	37	6:12	388	6:55
Schlüsie	3.10	20:45	6:41	25	5:45	180	7:41	6.40	40:11	6:16	37	11:44	388	14:35
Hermannsklippe	2.60	18:03	6:56	26	4:41	172	6:42	9.00	58:14	6:28	37	16:25	388	21:17
Brocken	3.10	32:29	10:28	31	11:43	258	14:42	12.10	1:30:43	7:29	37	27:34	388	35:59
Eiserner Handwe	3.60	19:16	5:21	22	6:31	190	6:56	15.70	1:49:59	7:00	37	33:40	388	42:54
Schlüsie	4.10	19:07	4:39	27	6:37	228	7:31	19.80	2:09:06	6:31	37	40:17	388	50:01
Loddenke	3.10	15:45	5:04	28	5:19	239	5:50	22.90	2:24:51	6:19	37	45:36	384	55:40
Ilseburg/Markt	3.30	17:24	5:16	29	5:58	241	6:36	26.20	2:42:15	6:11	28	51:33	225	1:01:53