



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Noeske, Carsten

Club: Bielefeld
Number: 325

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:40:06

Speed: 9.74 km/h
Running performance: 6:07 min/km

Rank in course/Total: 225 (of 467)

Rank in course/Men: 205 (of 387)

Best time in course: 1:40:22

Rank in category: 31(of 66)

Best time in the category: 1:57:01

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Pos	Behind	Total		Pos	Behind	Total ranking	
	km	Time			min/km	Cat.			Men	Men			km	Time
Loddenke	3.30	21:25	6:29	55	6:52	308	8:54	3.30	21:25	6:29	67	6:52	388	8:54
Schlüsie	3.10	22:07	7:08	45	6:29	257	9:03	6.40	43:32	6:48	67	13:21	388	17:56
Hermannsklippe	2.60	18:18	7:02	28	4:20	194	6:57	9.00	1:01:50	6:52	67	17:41	388	24:53
Brocken	3.10	29:21	9:28	23	6:42	164	11:34	12.10	1:31:11	7:32	67	24:23	388	36:27
Eiserner Handwe	3.60	19:46	5:29	37	6:08	213	7:26	15.70	1:50:57	7:04	67	30:31	388	43:52
Schlüsie	4.10	17:34	4:17	23	4:29	153	5:58	19.80	2:08:31	6:29	67	35:00	388	49:26
Loddenke	3.10	14:47	4:46	29	3:39	188	4:52	22.90	2:23:18	6:15	67	38:39	384	54:07
Ilseburg/Markt	3.30	16:48	5:05	36	4:26	210	6:00	26.20	2:40:06	6:06	31	43:05	205	59:44