



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Jensen, Ib

Club: Kolding Motion/Klub 100 DEN
Number: 15

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:41:32

Speed: 9.66 km/h
Running performance: 6:10 min/km

Rank in course/Total: 241 (of 467)

Rank in course/Men: 220 (of 387)

Best time in course: 1:40:22

Rank in category: 11(of 28)

Best time in the category: 2:08:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:44	6:16	12	4:23	282	8:13	3.30	20:44	6:16	29	4:23	388	8:13
Schlüsie	3.10	22:44	7:19	12	5:13	284	9:40	6.40	43:28	6:47	29	9:36	388	17:52
Hermannsklippe	2.60	20:26	7:51	14	5:17	290	9:05	9.00	1:03:54	7:05	29	14:53	388	26:57
Brocken	3.10	31:45	10:14	11	7:58	234	13:58	12.10	1:35:39	7:54	29	22:51	388	40:55
Eiserner Handwe	3.60	18:04	5:01	6	2:14	136	5:44	15.70	1:53:43	7:14	29	25:05	388	46:38
Schlüsie	4.10	17:35	4:17	5	2:41	155	5:59	19.80	2:11:18	6:37	29	27:46	388	52:13
Loddenke	3.10	14:23	4:38	5	2:18	158	4:28	22.90	2:25:41	6:21	29	30:04	384	56:30
Ilseburg/Markt	3.30	15:51	4:48	8	2:55	165	5:03	26.20	2:41:32	6:09	11	32:59	220	1:01:10