



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Wernecke, Frank

Club: W+J Generalplaner  
Number: 488

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 2:42:01

Speed: 9.63 km/h  
Running performance: 6:11 min/km

Rank in course/Total: 245 (of 467)

Rank in course/Men: 223 (of 387)

Best time in course: 1:40:22

Rank in category: 40(of 67)

Best time in the category: 2:02:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:54	5:25	15	2:32	105	5:23	3.30	17:54	5:25	68	2:32	388	5:23
Schlüsie	3.10	22:37	7:17	48	6:43	276	9:33	6.40	40:31	6:19	68	9:03	388	14:55
Hermannsklippe	2.60	19:49	7:37	43	5:43	263	8:28	9.00	1:00:20	6:42	68	14:46	388	23:23
Brocken	3.10	32:02	10:19	44	9:57	245	14:15	12.10	1:32:22	7:38	68	24:43	388	37:38
Eiserner Handwe	3.60	18:32	5:08	30	3:57	161	6:12	15.70	1:50:54	7:03	68	27:48	388	43:49
Schlüsie	4.10	19:00	4:38	35	5:21	224	7:24	19.80	2:09:54	6:33	68	32:01	388	50:49
Loddenke	3.10	15:15	4:55	35	3:37	213	5:20	22.90	2:25:09	6:20	66	35:33	384	55:58
Ilseburg/Markt	3.30	16:52	5:06	35	3:56	213	6:04	26.20	2:42:01	6:11	40	39:13	223	1:01:39