



50. Brockenlauf  
Ilseburg / 04.09.2021

Detailed evaluation

Balzer, Frank

Club: Hammelshain  
Number: 131

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:39:14

Speed: 9.80 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 217 (of 467)

Rank in course/Men: 197 (of 387)

Best time in course: 1:40:22

Rank in category: 8(of 28)

Best time in the category: 2:08:33

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:52	6:01	8	3:31	232	7:21	3.30	19:52	6:01	29	3:31	388	7:21
Schlüsie	3.10	21:29	6:55	8	3:58	224	8:25	6.40	41:21	6:27	29	7:29	388	15:45
Hermannsklippe	2.60	19:21	7:26	10	4:12	243	8:00	9.00	1:00:42	6:44	29	11:41	388	23:45
Brocken	3.10	31:51	10:16	12	8:04	236	14:04	12.10	1:32:33	7:38	29	19:45	388	37:49
Eiserner Handwe	3.60	18:34	5:09	8	2:44	163	6:14	15.70	1:51:07	7:04	29	22:29	388	44:02
Schlüsie	4.10	17:53	4:21	7	2:59	173	6:17	19.80	2:09:00	6:30	29	25:28	388	49:55
Loddenke	3.10	14:28	4:40	6	2:23	163	4:33	22.90	2:23:28	6:15	29	27:51	384	54:17
Ilseburg/Markt	3.30	15:46	4:46	7	2:50	162	4:58	26.20	2:39:14	6:04	8	30:41	197	58:52