



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Pahnke, Andreas

Club: Berlin
Number: 333

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:29:37

Speed: 10.43 km/h
Running performance: 5:43 min/km

Rank in course/Total: 152 (of 467)

Rank in course/Men: 141 (of 387)

Best time in course: 1:40:22

Rank in category: 28(of 59)

Best time in the category: 1:47:09

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:01	5:45	34	5:21	179	6:30	3.30	19:01	5:45	60	5:21	388	6:30
Schlüsie	3.10	19:21	6:14	26	4:49	116	6:17	6.40	38:22	5:59	60	10:10	388	12:46
Hermannsklippe	2.60	16:26	6:19	21	3:46	93	5:05	9.00	54:48	6:05	60	13:56	388	17:51
Brocken	3.10	26:30	8:32	20	6:37	94	8:43	12.10	1:21:18	6:43	60	20:22	388	26:34
Eiserner Handwe	3.60	17:55	4:58	23	5:07	128	5:35	15.70	1:39:13	6:19	60	25:29	388	32:08
Schlüsie	4.10	18:49	4:35	38	6:41	213	7:13	19.80	1:58:02	5:57	60	32:10	388	38:57
Loddenke	3.10	15:18	4:56	39	5:10	216	5:23	22.90	2:13:20	5:49	60	37:20	384	44:09
Ilseburg/Markt	3.30	16:17	4:56	35	5:08	191	5:29	26.20	2:29:37	5:42	28	42:28	141	49:15