



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Wienstroer, Antje

Club: Team Erdinger alkoholfrei
Number: 493

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:45:51

Speed: 9.41 km/h
Running performance: 6:20 min/km

Rank in course/Total: 268 (of 467)

Rank in course/Women: 27 (of 80)

Best time in course: 2:03:14

Rank in category: 2(of 11)

Best time in the category: 2:16:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:30	6:30	5	3:23	46	6:35	3.30	21:30	6:30	12	3:23	81	6:35
Schlüsie	3.10	22:51	7:22	3	4:27	38	6:08	6.40	44:21	6:55	12	7:50	81	12:43
Hermannsklippe	2.60	20:00	7:41	3	3:51	32	5:16	9.00	1:04:21	7:08	12	11:41	81	17:59
Brocken	3.10	32:29	10:28	3	7:45	31	7:49	12.10	1:36:50	8:00	12	19:26	81	25:48
Eiserner Handwe	3.60	19:26	5:23	2	3:29	26	4:56	15.70	1:56:16	7:24	12	22:55	81	30:44
Schlüsie	4.10	18:24	4:29	3	2:54	24	4:28	19.80	2:14:40	6:48	12	25:49	81	35:12
Loddenke	3.10	14:54	4:48	2	1:44	22	3:30	22.90	2:29:34	6:31	12	27:33	80	38:42
Ilseburg/Markt	3.30	16:17	4:56	2	1:50	20	3:55	26.20	2:45:51	6:19	2	29:23	27	42:37