



50. Brockenlauf
Ilseburg / 04.09.2021

Detailed evaluation

Ewert, Thomas

Club: Läufer-Team Oker e.V
Number: 117

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:01:21

Speed: 12.86 km/h
Running performance: 4:38 min/km

Rank in course/Total: 19 (of 467)

Rank in course/Men: 19 (of 387)

Best time in course: 1:40:22

Rank in category: 4(of 27)

Best time in the category: 1:49:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:22	4:21	4	1:51	14	1:51	3.30	14:22	4:21	28	1:51	388	1:51
Schlüsie	3.10	15:31	5:00	3	1:55	11	2:27	6.40	29:53	4:40	28	3:46	388	4:17
Hermannsklippe	2.60	13:29	5:11	3	1:30	13	2:08	9.00	43:22	4:49	28	5:16	388	6:25
Brocken	3.10	23:19	7:31	6	3:15	34	5:32	12.10	1:06:41	5:30	28	8:31	388	11:57
Eiserner Handwe	3.60	14:44	4:05	5	1:11	22	2:24	15.70	1:21:25	5:11	28	9:42	388	14:20
Schlüsie	4.10	14:52	3:37	7	1:16	46	3:16	19.80	1:36:17	4:51	28	10:25	388	17:12
Loddenke	3.10	11:58	3:51	5	0:29	33	2:03	22.90	1:48:15	4:43	28	10:47	262	19:04
Ilseburg/Markt	3.30	13:06	3:58	6	0:53	30	2:18	26.20	2:01:21	4:37	4	11:30	19	20:59